

# Simply Summer Series

## Home Telehealth

June - Phone Monitoring & Frontloading Visits  
 July - Teletriage  
 Aug. - Telemonitoring

## Objectives

After viewing this WebEx, the learner will be able to:

- Recognize components of the Best Practice Intervention Package (BPIP) that will be of value to your agency
- Define telemonitoring as it relates to reducing avoidable hospitalizations
- Identify new tools/resources available in this BPIP

## Telemonitoring

Home Health Telemonitoring includes:

- Collection of clinical data
- Transmission of such data between a patient at a distant location and a health care provider
- Using electronic information processing technologies
- Clinical review of and response to the transferred data

*(Home Telehealth Reference 2005)*

## How to Use

Your agency's current telemonitoring status	How to use this Best Practice Intervention Package - Telemonitoring
<ul style="list-style-type: none"> <li>o <b>NOT using Telemonitoring</b></li> </ul>	<ul style="list-style-type: none"> <li>o Focus on implementing ideas from the <b>Phone Monitoring &amp; Frontloading Visits</b> Best Practice Intervention Package (previously posted) as a cost effective way to utilize telehealth.</li> <li>o Keep this package as a resource for future use</li> <li>o Read the Leadership Track as informational education about telemonitoring implementation.</li> <li>o Review the Leadership Track to assist with decisions about telemonitoring implementation.</li> <li>o Utilize the Home Telehealth Reference 2005 as a resource for assistance with developing a telemonitoring program (available at <a href="http://www.hhqiosc.org">www.hhqiosc.org</a> under Home Health, Telehealth, Tools).</li> </ul>
<ul style="list-style-type: none"> <li>o <b>Considering Telemonitoring</b></li> </ul>	<ul style="list-style-type: none"> <li>o Review the Leadership Track.</li> <li>o Complete the agency self assessment, review agency action items and select several to incorporate into agency practice and processes.</li> <li>o Review Connection Pages and distribute individual pages to appropriate staff to identify their role in telemonitoring.</li> <li>o Distribute the Individual Care Provider Tracker (During, Therapy, Social Worker and/or Home Health AHA).</li> <li>o Encourage PHN and Therapists to apply for FREE coxiter hours or certificate of participation; copy certificate for agency education documentation.</li> </ul>
<ul style="list-style-type: none"> <li>o <b>Using Telemonitoring, but need to optimize to achieve maximum benefits</b></li> </ul>	<ul style="list-style-type: none"> <li>o Review the Leadership Track.</li> <li>o Complete the agency self assessment, review agency action items for ideas to optimize practice and process.</li> <li>o Review Connection Pages and distribute individual pages to appropriate staff to identify with their role in telemonitoring.</li> <li>o Use the Individual Care Provider Tracker (During, Therapy, Social Worker and/or Home Health AHA) for success and effectiveness.</li> </ul>
<ul style="list-style-type: none"> <li>o <b>Using Telemonitoring optimally, but need a few ideas to ensure efficiencies</b></li> </ul>	<ul style="list-style-type: none"> <li>o Review the Leadership Track.</li> <li>o Complete the agency self assessment, review agency action items for ideas to optimize practice and process.</li> <li>o Review Connection Pages and distribute individual pages to appropriate staff to identify with their role in telemonitoring.</li> <li>o Use the Individual Care Provider Tracker (During, Therapy, Social Worker and/or Home Health AHA) for success and effectiveness.</li> </ul>

## Telemonitoring

Leadership Section:

- Overview of telemonitoring
- Sample protocol
- Agency self-assessment
- Checklist for Clinicians
- Implementation tools
  - Connections Pages
  - Poster
  - Success Stories

## Telemonitoring Checklist

**Telemonitoring Checklist**

**Patient selection criteria**

- o Accept use of telemonitor
- o Able to self-monitor
- o Able to read and safely connect to telemonitor

**Confidentiality**

- o Receive data and follow-up in private area

**Scheduling**

- o Schedule and track encounters
- o Include patient in scheduling data transmission times

**Documentation**


- o Always document!
- o Use agency approved form

**Patient Education**

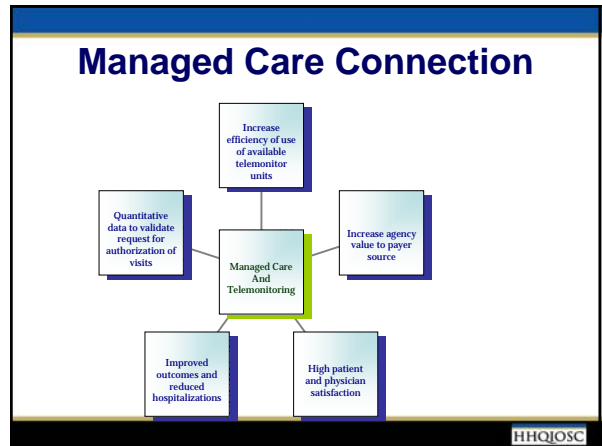
- o Why telemonitoring
- o Call schedule
- o Phone safety
- o Self-monitoring
- o Not an emergency response system

**Telemonitoring –Reducing Avoidable Hospitalizations**

- o Increase symptom surveillance
- o Improve patient self-management
- o Detects early changes in health status
- o Provides real-time data to the physician
- o Better communication with patients at high risk for hospitalization
- o Enables patients to learn more about managing their acute/chronic condition
- o Prompts patient to seek medical attention sooner



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## Care Tracks

### Nursing, Therapy, Social Worker, Aide

– Guide to Practical Application

– Activities

- Viewing the Patient Vignette
- Reading success stories
- Listening to podcast (audio recording)
- Completing a post-test






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## Resources


<http://www.americantelemed.org/>


<http://tie.telemed.org/default.asp>



[www.hrsa.gov/telehealth/](http://www.hrsa.gov/telehealth/)

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## Fast Track



**Best Practice Intervention  
Fast Track Package  
Telemonitoring**

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- o Why telemonitoring
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## Next Steps

- Review the Telemonitoring BPIP
- Pick & Choose items appropriate for implementation at your agency
- Complete voluntary survey online  
08/01/07-08/10/07 at  
[www.homehealthquality.org](http://www.homehealthquality.org)  
Click on Intervention Packages

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**Coming September 4th**

**Immunization  
Best Practice Intervention Package**



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