

# Transitional Care Coordination

Do you support the four pillars of care transition activities in your daily practice?

## Medication Self-Management

Goal: The patient is knowledgeable about medications and has a medication management system.

## Patient-Centered Record

Goal: Patient understands and utilizes a personal health record (PHR) to facilitate communication and ensure continuity of care across settings. The patient manages the PHR.

## Physician Follow-Up

Goal: Patient schedules and completes follow-up visit with PCP/specialist and is empowered to be an active participant in these interactions.

## Red Flags

Goal: Patient is knowledgeable about indicators that their condition is worsening and how to respond.

