

Fall Prevention

It's more than fall risk assessment...



**Be Proactive –
Prevent Falls Before They Occur**

Consider utilizing the following interventions:

- Physical therapy – strengthening and balance program
- Occupational therapy – ADL/IADL management
- Home health aide referral for assistance with bathing
- Medical social worker evaluation for social support
- Maintenance exercise program
- Reduce hazards in the home
- Annual vision evaluation (minimum)
- Medication management
- Check postural vital signs
- Nutrition evaluation.

