

Best Practice Intervention Package: Disease Management



BUILDING UPON THE BASICS

Theme for final three Best Practice Intervention Packages:

- December: Patient Self-Management
- **January: Disease Management**
- February: Transitional Care Coordination

BUILDING UPON THE BASICS

Purpose of Patient Self-Management, **Disease Management** and Transitional Care:

- Advance to a higher level of care
- Improve patient outcomes
- Improve patient satisfaction
- Reduce avoidable hospitalizations

Objectives

After viewing this WebEx, the learner will be able to:

- Define Disease Management
- Identify tools/resources available in this Best Practice Intervention Package (BPIP)
- Recognize components of the Best Practice Intervention Package that will be of value to your agency

Disease Management

- Utilize current best practices as a foundation
- Formal disease management programs were used by 38 percent of agencies who had the lowest acute care hospitalization (ACH) rates of 19 percent or less.*



* Briggs National Quality Improvement/Hospitalization Reduction Study of 2006

Disease Management Definition

*“Disease management is a system of coordinated health care interventions and communications for populations with conditions in **which patient self-care efforts** are significant.”*
(DMAA, 2007, www.dmaa.org)

Disease Management

- Chronic disease vs. whole person
- Care continuum
- Chronic care



Disease Management

A mechanism to:

- Improve quality
- Increase efficiencies in care delivery
- Improve patient safety
- Improve patient satisfaction
- Reduce costs
- Decrease avoidable hospitalizations

The Design Components of a Disease Management Program

	P1 Population Identification Processes
	P2 Collaborative Practice Models to Include Physicians and Support Services Provided
	P3 Patient Self-Management (SM) Education
	P4 Process and Outcomes Measurement, Evaluation and Improvement
	P5 Patient Empowerment/Feedback Loop

Disease Management and Home Care

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Presented for:
Quality Insights of Pennsylvania

The Business Case for Disease Management Programs in Home Care



Disease Management Toolbox

Category	Resource
	<ul style="list-style-type: none"> Building a Successful Disease Management Program Chronic Disease Management: A Practical Approach Chronic Disease Management: A Practical Approach Chronic Disease Management: A Practical Approach Chronic Disease Management: A Practical Approach
	<ul style="list-style-type: none"> Building Collaborative Relationships Partnering with Patients and Families to Design a Patient and Family-Centered Health Care System Building and Sustaining a Successful Disease Management Program
	<ul style="list-style-type: none"> Engaging & Empowering Patients Engaging Patients Engaging Patients Engaging Patients
	<ul style="list-style-type: none"> Call Management Program Engaging Patients Engaging Patients Engaging Patients
	<ul style="list-style-type: none"> Optimizing Remote Care/Telehealth Optimizing Remote Care/Telehealth Optimizing Remote Care/Telehealth Optimizing Remote Care/Telehealth

Disease Management Connections



Leadership Track

- Agency assessment
- Action items
- Action plan

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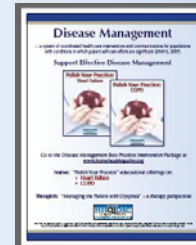
Resources

- Home Telehealth Disease Management Series
- “Disease Management and Reducing ACH” Podcast, featuring Dr. David Nash
- “Polish Your Practice”
- “Managing the Patient with Dyspnea” WebEx




Disease Management

- Poster



Nursing Track

- Choose Heart Failure or COPD
- Disease Management and Home Care: WebEx 
- Polish Your Practice
- Podcast featuring Dr. David Nash
- Examples of Excellence
- Free CNEs for RNs or Certificate for LPNs

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Therapy Track

- The Business Case for Disease Management Programs in Home Care
- Podcast featuring Dr. David Nash
- “Managing the Patient with Dyspnea”—a WebEx for therapists featuring Jay Cigna (podcast also available)
- Examples of Excellence
- Free Certificate of Participation



MSW Track

- Podcast featuring Dr. David Nash
- Examples of Excellence
- Post-Test



BUILDING UPON THE BASICS

Home Health Aide Track

- Disease Management for Home Health Aides podcast
- Building Upon the Basics crossword puzzle
- Post-Test



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Final Best Practice Intervention Package:

Transitional Care Coordination

January 31, 2008

**Congratulations on your commitment to the
HHQI National Campaign!!**

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