**Patient Self-Management BPIP Assessment Summary**

Home health agencies reported wide adoption of methods to foster improved outcomes through encouraging patient self-management. A sizeable majority of HHQI campaign participants who downloaded BPIP components indicated that their agencies have done each of the activities or plan to in the next three months:

- Set targets for, collect, and post quality performance data related to patient self-management
- Review patient self-management content in its patient education information
- Conduct staff training on encouraging patient self-management
- Use any of the featured tools in the Patient Self-Management Best Practice Intervention Package

Chart 1 shows the percentage of BPIP-downloading agencies that used each of the tools specified with their patients. All of the available tools have been used with a variety of patient populations, indicating the flexibility of the tools available on the BPIPs.

**Most Useful Tools**

- Patient-Clinician Interaction Level Tips*: 73%
- My Action Plan*: 90%
- Patient Self-Hospitalization Risk Assessment*: 87%
- Motivational Interviewing Tool*: 60%

* or a similar tool; either their own or adapted from another source
The Patient Self-Management Best Practice Intervention Package was different from earlier BPIPs because it focused on only one, very specific topic rather than covering many related topics. While agencies who downloaded the BPIPs agree that all the BPIPs are useful, nearly half of the agencies noted the focused BPIP was more useful.

We conclude that many agencies use the focused BPIP tools with a variety of patients and have found the BPIPs, in all formats, to be useful in improving patient care through patient self-management.