



FREE eLEARNING Made Easy

The Home Health Quality Improvement (HHQI) National Campaign now offers free, self-paced, online educational courses with step-by-step instructions through HHQI University.

Who: Nurses, Therapists, Social Workers, and Leadership

What: Free online educational courses that support evidence-based quality improvement to improve patient outcomes, cardiovascular health, etc. New course(s) added each month.

Why: Evidence-based practices provide practical applications, and many courses include **FREE Nursing Continuing Education (CE) credits** approved by the American Nurses Credentialing Center. Certificates are available immediately after successful completion of courses.

How: HHQI University's courses utilize many of HHQI's educational resources. These materials are free, but registration on the campaign website is required for access.

1. If you are new to HHQI, please [register with the HHQI National Campaign](https://www.HomeHealthQuality.org/registration) (https://www.HomeHealthQuality.org/registration). This will give you instant access to the Best Practice Intervention Packages (BPIPs) which are used for many HHQI University courses.
2. [Register with HHQI University](https://www.HHQIUniversity.org/register) (https://www.HHQIUniversity.org/register).
3. Browse the course catalogs and enroll in specific courses.
4. Launch courses from the MY ACCOUNT area in HHQI University. Complete them at your own pace. The system will remember where you left off if you can't complete a course in one sitting.
5. After successfully completing a course, your certificate will be available immediately in the MY ACCOUNT area.

Visit www.HomeHealthQuality.org/Education/HHQI-University for more information.

You can also email us at HHQI@wvmi.org.

CURRENT HHQI UNIVERSITY COURSE LIST

| COURSE NAME | FREE NURSING CEs | COURSE CATALOG(S) |
|--|------------------|-------------------|
| Adult Immunizations | 2.0 | H |
| Blood Pressure Control & Smoking Cessation | 1.5 | CV, DM |
| Cardiovascular Health for At-Risk Populations | 2.15 | CV |
| Cardiovascular Health Performance Improvement Project | 1.5 | QI |
| Delivering Culturally Confident Care: A 365 Approach | 1.25 | G, QI |
| Diabetes Self-Management | 3.5 | DM, H |
| Exercise Prescription for the Home Health Patient w/ Heart Failure | 2.25* | CV, DM, H |
| Fundamentals of Medication Management | 2.0 | DM, H, MM |
| Fundamentals of Reducing Hospitalizations | 2.25 | H |
| Hospitalization Performance Improvement Project | 1.5 | QI |
| It's HHQuitting Time – Help Your Patients Quit Smoking | 1.0 | CV |
| Lifestyle Management for Cardiovascular Health | 1.0 | CV |
| Long-Term Negative Effects of Trauma | 1.5 [†] | G |
| Making CASPER Data Work For YOU | 1.5 | QI |
| Master the Maze of Blood Pressure Medications | 1.0 | CV, H, MM |
| Medication Management Performance Improvement Project | 1.5 | QI |
| Meeting the Needs of Caregivers & Care-Recipients | 3.0 | DM, G |
| New Student Orientation | 0 | G |
| Patient Safety Culture: A Foundation for a QAPI Program | 1.5 | QI |
| Patient Self-Management | 2.0 | DM, H |
| Pave Your Path 4-Course Series | 4.0 | QI |
| QAPI 101 | 1.5 | QI |
| The State of Cardiovascular Health | 1.0 | CV |
| Tobacco Effects & Smoking Cessation | 1.0 | CV, MM |

* Also includes CCUs for Physical Therapists approved by the Federation of State Boards of Physical Therapy through ProCert. View list of accepting states at <https://pt.fsbpt.net/aPTitude/content/public/FSBPTCertification>

[†] Also includes CEs for Social Workers approved by the National Association of Social Workers.

COURSE CATALOG ABBREVIATIONS:

G: General **CV:** Cardiovascular Health **DM:** Disease Management **H:** Hospitalizations
MM: Medication Management **QI:** Quality Improvement **UP:** Underserved Population